



Bike Or Hike!

The Clay Trails Challenge



Charity Walk Or Cycle For All The Family - Saturday 21st July 2007

Registration from 10am, then 11am start from the Market Street, outside Market House, St Austell

Choose from three routes -

EASY : St Austell to the China Clay Country Park (CCCP) and back (4miles)

CHALLENGING : St Austell to the CCCP, across to Eden Plum Car Park, and back (13 miles)

HARD : The same as Challenging, but an extra leg from Eden Plum Car Park to Bugle and back (21 miles)



Minimum £2 per person entry donation to be paid on the day.

All money raised will be divided between

Sustrans, to help maintain the trails (Charity No : 326550)

and the Mayor's Charities, which are:

Childrens Hospice South West

Mount Edgecumbe Hospice

St Mawgan & St Columb Football Clubs



Entry is at own risk. Refreshments are available to buy at the CCCP, Eden Project and Jungle Tea Rooms, Bugle. Water stations will be at the Cookworthy Bridge and Plum Car Park.

Further details are available from Nik @ Barlows (01726 73117)

'Bike or Hike' Registration Form

Name : Address :

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NB. If you are bringing a family / group of people, give the group leaders details only.

Emergency Contact Name & Telephone :

No of Walkers : No of Cyclists :

How many bikes would you like to hire from Barlows Cycles at £5 each?

If you would like to be kept informed about events around St Austell, tick the box and enter your email address if you have one. We will not share your data with anyone else! Email : ☐

Entry is at your own risk. The organisers cannot be held liable for injury, loss and damage caused or sustained as a result of taking part, howsoever arising. Please sign below to confirm you have read and understood this.

SIGNED : DATE :

PLEASE RETURN THIS FORM TO BARLOWS CYCLES IN THE MARKET HOUSE BY 20/7/07

Barlows Cycles, Market House, St Austell PL25 5QB. 01726 73117. www.barlowscycles.com

